


## All Week

Online / Social: Daily Challenges - Daily Cook-a-long's - Snack Swaps  
Around Campus: Visit our Lifesize Social Media Feed


### Monday

Orange Eating  
Competition

 12-1pm


Outside JJ Library


Documentary:  
The Obesity Epidemic


1-2:30pm   
Student Cinema

### Tuesday

Ask the Dietitian  
11am-2pm   
Health Science


 Food Ranking  
11am-2pm  
Science Hub

Taste Test  
12-2pm   
Newman


 Healthy Eating  
Workshop  
1-2pm  
(2.40 SCH)

### Wednesday


Sustainability  
of  
Milks   
11am-2pm  
Science Hub

Taste Test   
12-2pm  
Student Centre  
Atrium

### Thursday

Sustainability  
of  
Chocolate   
12pm-2pm  
Newman

Sustainable Diets  
Panel Discussion  
1-2pm  
Moore Auditorium  
(E.08 SCH)

Daniel Davy  
Sports Nutrition Talk   
4-5pm  
Moore Auditorium  
(E.08 SCH)

